



## योग विभाग / Department of Yoga

### समय सारिणी / Time Table

#### M.Sc. Yoga Semester IV

Date: 29/01/2022

Sl.	Day	Time	9:00-10:00 am SIAS YOGA 1414 C 4105	11:00 – 01:00 pm SIAS YOGA 1415 C 00126	2:00 – 3:00 pm SIAS YOGA 1402 DCEC 4105	3:00 – 4:00 pm SIAS YOGA 1415 C 00126	4:00 - 5:00 pm SIAS YOGA 1404 DCEC 4105
1.	Monday		Research Methodology and Statistics in Yoga	Yoga Practical -4 and Naturopathy	Principles of Naturopathy and Natural Dietics	Yogic practices leading to meditation	Project, Seminar, Workshop on Yoga
2.	Tuesday		Research Methodology and Statistics in Yoga	Yoga Practical -4 and Naturopathy	Principles of Naturopathy and Natural Dietics	-	Project, Seminar, Workshop on Yoga
3.	Wednesday		Research Methodology and Statistics in Yoga	Yoga Practical -4 and Naturopathy	Principles of Naturopathy and Natural Dietics	-	Project, Seminar, Workshop on Yoga
4.	Thursday		Research Methodology and Statistics in Yoga	Yoga Practical -4 and Naturopathy	Principles of Naturopathy and Natural Dietics	-	Project, Seminar, Workshop on Yoga
5.	Friday		Research Methodology and Statistics in Yoga	Yoga Practical -4 and Naturopathy	Principles of Naturopathy and Natural Dietics	Yogic practices leading to meditation	Project, Seminar, Workshop on Yoga

**Dr. Ravi Kumar**  
Assistant Professor

*Ajay Pal*  
**Dr. Ajay Pal**  
Assistant Professor